

The Impact of The Planning Phase Survey Summary

Introduction

Background

Traditional wisdom is that planning and analysis are very important and the more there is in a project, the more successful the project will be, Wang, and Gibson (2008) , Dvir, Raz and Shenhar (2003). Time spent on these activities will reduce risk and increase project success. On the other hand, inadequate analysis and planning will lead to a failed project, Morris (1998), Thomas, Jacques, Adams and Kihneman-Woote (2008).

If poor planning has led to failed projects, then perhaps billions of dollars have been lost, Sessions (2009). But how much is too much? “Light weight” project management techniques such as Agile are gaining popularity. Part of their ethos is that less initial planning is better and an evolutionary process is more efficient.

Project Success

Before it is possible discuss the impact of the project planning phase on success, it is useful to define what a successful project is. Shenhar, Dvir, Levy and Maltz (2001) define four levels of project success:

1. Project efficiency
2. Impact on the customer
3. Business success
4. Preparing for the future

Thomas, Jacques, Adams & Kihneman-Woote (2008) state “Examples abound where the original objectives of the project are not met, but the client was highly satisfied.” as well as the reverse (p. 106). While the measure of project success has focused on tangibles in the past, current thinking is that

ultimately, project success can best be judged by the judgment of the primary sponsor. Cooke-Davies (2002) makes a similar point. Therefore we will refer to:

project efficiency – meeting cost, time and quality goals

project success – meeting wider business and enterprise goals

Zwikael and Globerson (2006) however state that efficiency and success are often correlated as do Dvir, Raz & Shenhar (2003).

Project Planning

Mintzberg (1994) describes planning as the effort to formalizing decision making activities through decomposition, articulation and rationalization. In construction, Pre-project planning is defined as the phase after business planning where a deal is initiated and prior to project execution, Gibson and Gebken (2003). Another definition of planning is “what comes before action”, Shenhar (personal communication, 2011).

For the purpose of this review, we will use these definitions:

Planning Phase: The phases and associated effort that comes before execution in a project.

planning effort - The amount of effort in money or work hours expended in planning

Results and Analysis

Data collection commenced on October 29, 2011 and was completed January 31, 2012 for a collection period of approximately 12 weeks. A total of 865 people started the survey with 859 completing at least the first portion of it which requested information on one more successful project. Each participant was asked to provide data on two projects, one more successful and another less successful. However, not all

Mongolia, Norway, Sri Lanka, Sudan, Switzerland, Syria, Taiwan, Ukraine, Venezuela, Vietnam and Yemen.

We now created some indexes and factors to facilitate the analysis.

Table 1 – Summary of indexes and factors

	Description
Planning Effort Index	Ratio of effort spent on planning phase compared to overall project effort.
Efficiency Factor	Summated scale of the time, budget and scope success of the project. (1-7)
Success Factor	Summated scale of the success of the project as reported by sponsors, clients, team and end users. (1-5)
Overall success Factor	Summated scale of the success of the project including the efficiency variables, success variables and project manager's assessment. (1-5)

The means of these factors were reviewed. First the success factors were compared based on industry. In addition, to the three calculated success factors above, the respondents' single question "Project Success Rating" was examined.

Next, the success factors were examined using subgroup analysis.

Table 2 – Descriptives by industry with ANOVA results

	Methodology type	Planning effort index	Overall Success factor	Project success rating	Efficiency factor	Success factor	Valid N
Construction	4.278	0.146	3.486	3.528	4.630	3.660	41
Financial services	4.092	0.133	3.328	3.355	4.618	3.354	257
Utilities	3.848	0.145	3.349	3.455	4.535	3.553	42
Government	3.385	0.126	3.382	3.423	4.731	3.438	152

Education	3.800	0.132	3.410	3.480	5.080	3.530	42
Other	3.904	0.140	3.284	3.231	4.455	3.233	157
High technology	3.649	0.123	3.401	3.477	4.784	3.538	223
Telecommunications	3.539	0.170	3.419	3.393	4.805	3.458	133
Manufacturing	4.214	0.132	3.214	3.286	4.298	3.295	122
Health care	3.789	0.145	3.408	3.303	4.895	3.408	113
Professional services	3.944	0.139	3.328	3.352	4.685	3.292	69
Retail	4.100	0.173	3.151	2.933	4.367	3.000	35
All Groups	3.838	0.138	3.347	3.361	4.656	3.397	1386
<i>p(F)</i>	<i>0.000</i>	<i>0.010</i>	<i>0.689</i>	<i>0.882</i>	<i>0.397</i>	<i>0.496</i>	

The ANOVA results show a significant p value for methodology type and planning effort index. This shows that planning and methodology varies with industry. We can see for example, that construction has both the lowest rate of use of agile methods but has the highest project success factor. This is in agreement with the literature review results in general that the construction industry had better quality of planning and better rates of success than other industries studied (Zwikael & Globerson, 2006). Since agile is a methodology originating in the software field (Dybå & Dingsøy, 2008), it is not surprising that construction has one of the lowest rates of adoption of agile/iterative methodologies. High technology and government report the highest rate of agile projects and the lowest amount of upfront planning. This may be related to high amount of planning inherent in agile and the lesser amount of planning require upfront (Smits, 2006). Telecommunications reports the highest percentage of planning effort (Planning effort index) and slightly above average efficiency and success ratings.

Table 3 – Descriptives by project location with ANOVA results

	Methodology type	Planning effort index	Overall Success factor	Project success rating	Efficiency factor	Success factor	Valid N
Indian subcontinent	3.670	0.166	3.321	3.381	4.509	3.389	97
North America	4.202	0.151	3.442	3.417	4.788	3.465	756
Africa sub-Saharan	4.622	0.216	3.200	3.108	4.441	3.243	37

Australasia	4.327	0.156	3.221	3.347	4.449	3.224	49
Artic and Antarctica	5.000	0.175	4.732	5.000	6.000	5.000	1
Europe	4.085	0.126	3.260	3.235	4.520	3.291	213
Latin America	4.373	0.157	3.071	3.096	4.233	3.099	83
Russia and FSU	3.750	0.157	3.251	3.417	4.167	3.417	12
Pacific	3.833	0.164	3.391	3.375	4.806	3.365	24
Middle East	3.854	0.186	3.251	3.232	4.431	3.320	82
Far East	4.438	0.163	3.137	2.875	4.771	3.003	32
All Groups	4.196	0.165	3.389	3.408	4.647	3.438	1386
<i>p(F)</i>	0.024	0.000	0.007	0.053	0.005	0.020	

It is interesting to note that planning and success rating appear to vary by region. The ANOVA results show a significant p value for all of the factors examined. Europe reports the lowest amount of upfront planning as well as below average success ratings. Africa reports the greatest amount of upfront planning and also below average success ratings. One can speculate that Africa is a more challenging environment, therefore requiring more upfront planning and having less successful projects.

Next, we review the means for scope of projects: local versus international.

Table 4 – Descriptives by local versus international projects with ANOVA results

	Methodology type	Planning effort index	Overall Success factor	Project success rating	Efficiency factor	Success factor	Valid N
One city or region	4.123	0.149	3.348	3.296	4.679	3.366	577
National	4.234	0.165	3.396	3.362	4.735	3.415	367
International	4.109	0.149	3.312	3.357	4.532	3.357	442
All Groups	4.155	0.154	3.352	3.339	4.649	3.380	1386
<i>p(F)</i>	0.488	0.067	0.437	0.607	0.090	0.703	

There does not appear to be strong differences between the means for this factor though national projects appear to plan the most and have the highest reported success rates. The ANOVA results confirm this with no significant p values found.

Next, the relationship between the planning effort index and the success factor was examined using subgroup analysis.

We will now examine means and complete an ANOVA analysis for planning effort index vs. the project success rating.

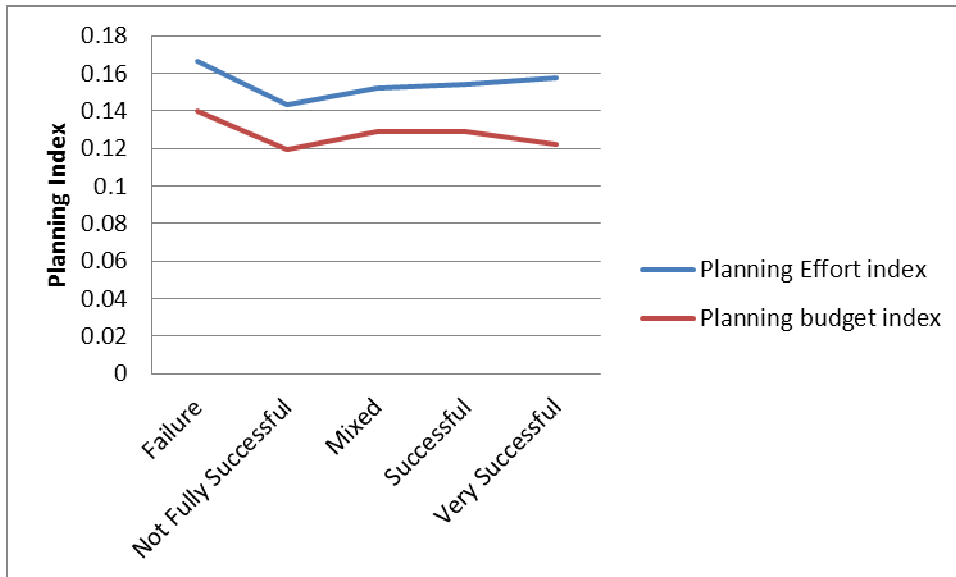
Table 5 – Planning effort index and project success rating for all projects with ANOVA analysis

	Planning effort index	Valid N
Failure	0.166	98
Not Fully Successful	0.143	259
Mixed	0.152	345
Successful	0.154	451
Very Successful	0.158	233
All Groups	0.153	1386
<i>p(F)</i>	<i>0.178</i>	

We can see that in general the planning index increases within the success category. The exception is the failure category that shows the highest mean planning effort index of any group. The ANOVA analysis does not show a statistically significant relationship.

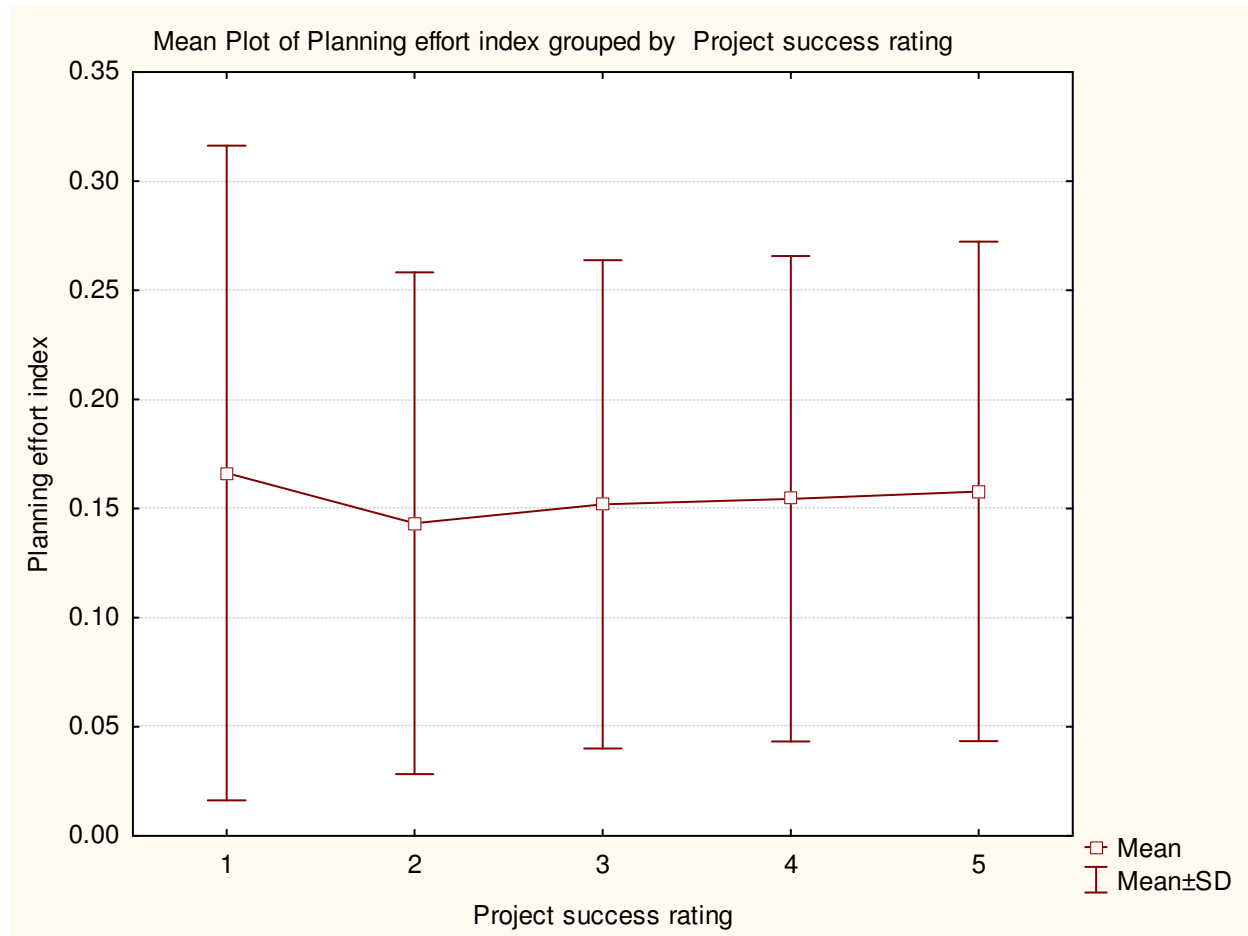
This data were now graphed to get a visual picture of the relationship.

Figure 2 – Graph of planning effort index and planning budget index versus project success rating



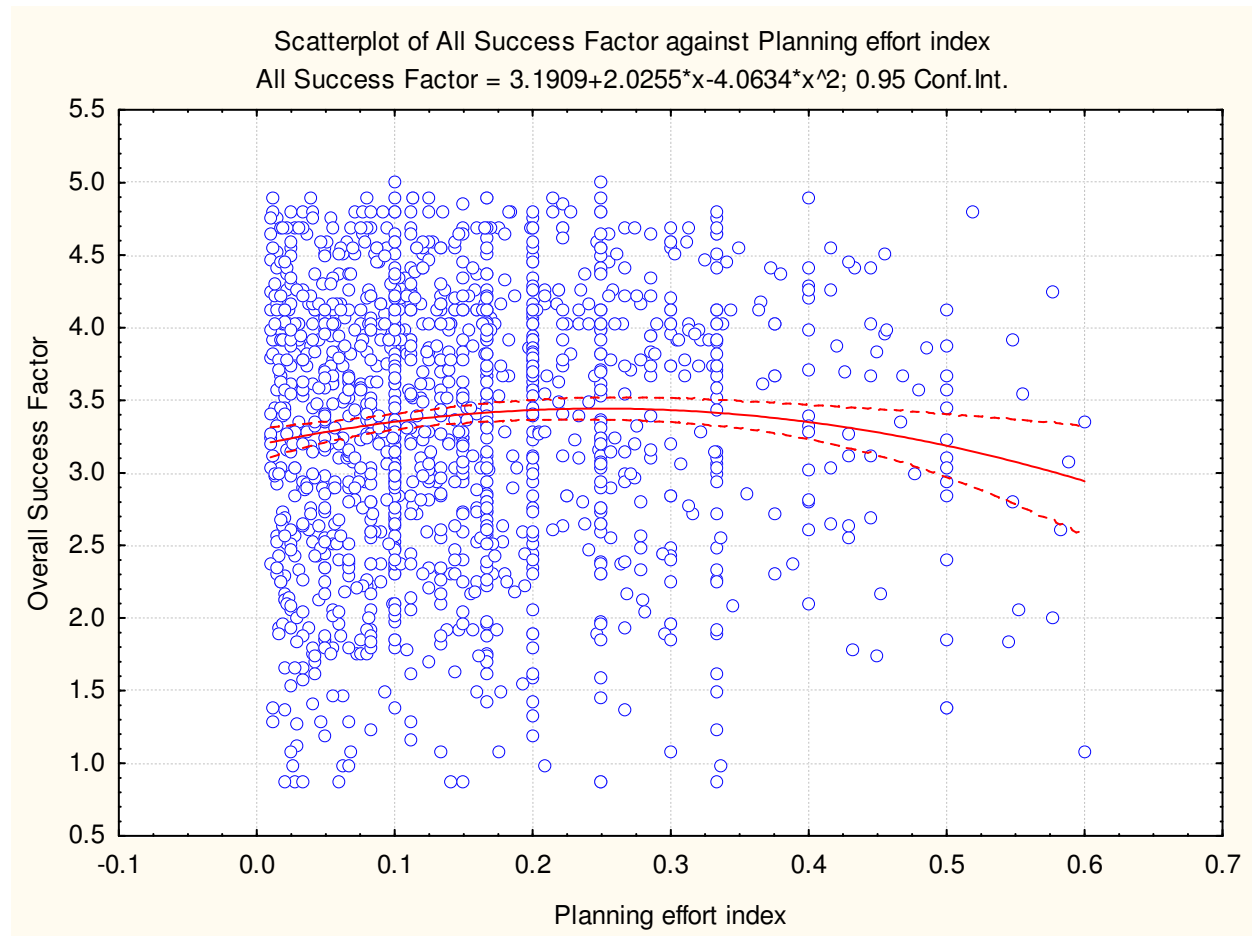
We can see from this graph that the trend is for very successful projects to have relatively low amount of budget spent on upfront planning though effort is reported to be slightly higher than the other categories. One can hypothesize that this may be because these highly successful projects are less complex and are familiar to the organization which require less upfront planning to complete. This relationship was further analyzed. However, the reported complexities and novelty to organization ratings provided by recipients do not seem to support this relationship.

Figure 3 - Mean plot of planning effort index by project success rating with error bars



Looking at this graph, we can see the lowest amount of effort was typically spent on projects deemed not fully successful. In this case, one can hypothesize that inadequate planning impacted project success. Projects deemed outright failures reported the mean highest percentages of upfront project planning. This is an interesting finding and in keeping with the effect reported by Choma and Bhat (2010): projects in trouble may spend extra effort in the planning phase due to a very complex or challenging project or problems early in the project.

Based on the above graphs, it was decided to review the available data with an assumption that the relationship between the effort index and project success is not linear but could be polynomial in nature. The following graphs were produced.

Figure 4 – Scatterplot and curve fitting for overall success factor versus planning effort index

There is clearly a quadratic relationship between the planning effort index and the overall success factor. This fits with the logical assumption that if a project spends too much effort in the planning phase, too much of the overall budget will be spent and the project will start later than it would otherwise (Chatzoglou & Macaulay, 1996). This would make the project less successful overall. Conversely, a project that spends too little upfront time planning will be less successful also (Dvir et al., 2003). Therefore a curve fits logical assumptions and the findings of the literature review.

Further analysis was completed. Here is the more detailed analysis for the curve based on a non-linear regression.

Table 6 - Non-linear regression analysis of planning effort index versus overall success factor

Regression Summary for Dependent Variable: Overall success factor					
R= .086 R²= .007 Adjusted R²= .006 F(2,1383)=5.151 p < .0059					
	Beta	B	Std.Err. - of B	t(1383)	p-level
Intercept		3.191	0.058	55.060	0.000
Planning effort index	0.255	2.026	0.631	3.209	0.001
Planning effort index **2	-0.239	-4.063	1.352	-3.005	0.003

The overall $p < .0059$ was obtained which shows statistical significance of the polynomial model specification. The fit of this relationship is quite low with R^2 less than .01. This suggests a small causal relationship indicating that less than 1% of project success can be attributable to the amount of effort spent planning.

Optimum Planning Effort

Since there is a quadratic relationship between planning effort and success factors, it was possible to calculate a maximum to the resulting quadratic curve as per Beyer (1987).

Table 7 – Summary of main findings of calculated optimum planning index values for relationship between planning indexes and success factors

	Overall success factor	Success Factor	Efficiency Factor	Mean	Actual reported planning index average
Planning Effort index	0.255	0.248	0.250	0.251	.153
Planning Budget index	0.213	0.218	0.213	0.215	.127

We can see from this table that the optimum planning amounts are relatively consistent between the three success factors. In addition, optimum planning values were calculated on subsets of the data at various points within the thesis. The results were consistently within the .20-.25 range.

The mean project planning effort reported by respondents was substantially lower than these values at .153 of effort and .127 of budget. This confirms a view that should not be surprising to practitioners; not enough planning is being done and that if longer planning phases were the norm, there would be higher overall project success.

We now calculate the planning effort index value which maximized the success factor and efficiency factor in the same way we did for the overall success factor. Table 8 below summarizes those calculations.

Table 8 – Optimum planning effort index values by success factors

Success Measure	Planning Effort Index Value Which Maximizes Success Measure
Overall success factor	0.255
Efficiency factor	0.250
Success factor	0.248
Mean	0.251

These results are interesting from a number of viewpoints. They are in line with the approximately 20-33% effort spent on planning identified in the literature review (Wideman 2000; Nobelius & Trygg, 2002; Chatzoglou & Macaulay, 1996). Secondly, this result is lower than the $R^2 = .33$ correlation with efficiency and $R^2 = .34$ with success reported from the literature review meta-analysis implying that there can still be a return on investment from spending 25% of effort on the planning phase. The three results are also with .01 of each other, which helps to validate the research methodology. Finally, it is higher than the averages found in this survey as reported in Table 5.

Table 9– Summary of moderator findings for dependent variable success

Moderator	Role versus Project Success
Industry	Potential predictor
Geographic location	Predictor
Local vs. International projects	Predictor
Stakeholder engagement level	Independent variable
Applicability/quality of the vision statement	Independent variable
Quality of WBS	Independent variable and moderator
Methodology type (traditional vs. agile)	Independent variable and potential moderator
Novelty to organization	Independent variable
Technology level of the project	No relationship
Project length	No relationship
Project complexity	No relationship
New product vs. Maintenance	No relationship
Experience level of team	Independent variable and moderator
Internal vs. Vendor based	Moderator
Team size	No relationship

Now if we complete a regression analysis using the interaction terms from the moderator and quasi-moderator terms, we get the following results.

Table 10 - MHRA analysis for team size as moderator in the planning effort index versus overall success factor relationship

Variables entered	Step 1	Step 2	Step 3
Main Effects			
Planning effort index	1.972**	2.030**	13.007***
Planning effort index**2	-4.044**	-4.103**	-25.064***
Moderators			
Internal vs vendor based		.028	.010
Interaction Terms			
WBS*Planning effort index			-2.927***
WBS*Planning effort index**2			4.662***
experience*Planning effort index			-3.965***
experience*Planning effort index**2			8.944***
internal*Planning effort index			.619+
internal*Planning effort index**2			-1.330+
F for Regression	5.404**	8.510***	26.851***
R²	.006	.016	.144

* p < .05

** p < .01

*** p < .001

+p < .10

We can see that through the moderator analysis a more significant relationship between planning effort and project success has been uncovered. At $R^2 = .14$, we have a significant relationship between planning effort and success with $p < .001$.

If we complete a general regression analysis with only the interaction terms, we see the following results:

Table 11 – Multiple regression of final model against overall success factor with moderator interaction terms

Regression Summary for Dependent Variable: Overall success factor					
R= .387 R²= .150 Adjusted R²= .145 p <.000					
	Beta	B	Std.Err. - of B	t(1375)	p-level
Intercept		3.222	.055	58.922	0.000
Planning effort index	-0.898	12.648	1.448	8.736	0.000
Planning effort index **2	0.629	-24.405	4.191	-5.823	0.000
WBS*Planning effort index	-0.984	-2.924	0.403	-7.248	0.000
WBS*Planning effort index**2	0.966	4.653	1.185	3.926	0.000
experience*Planning effort index	0.405	-3.960	0.488	-8.120	0.000
experience*Planning effort index**2	-0.358	8.928	1.458	6.125	0.000
internal*Planning effort index	0.405	0.713	0.178	4.011	0.000
internal*Planning effort index**2	-0.358	-1.495	0.532	-2.813	0.005

The result of this model is both a very good p value <.000 and a relatively strong R² = .145. Tests of residuals for this model also showed good results. Normal probability plots, p-p plots and homoscedasticity plots are included in appendix A.

This model was also regressed against the success factor and efficiency factor. The success factor produced very similar results, while regression against the efficiency factor had a good p value but a lower R² of .079.

Planning Effort and Project Success

This research did confirm the relationship between planning effort and project success. The initial findings were that a quadratic relationship exists between the percentage of effort spent planning and project success. This relationship showed statistical significance with a low p value but also had a low R² value, which showed a relatively weak relationship. After completing moderator analysis, a model was derived that showed that this relationship had an R² of .15, which is a notable relationship for factors in the study of project management. Projects are often large, complex efforts and any one factor that can account for 15% of that success is therefore important.

Below is a summary of the findings.

Table 12 – Summary of main findings of binomial relationship between planning indexes and success factors

	Base			Moderators included		
	Overall success factor (R ²)	Success Factor (R ²)	Efficiency Factor (R ²)	Overall success factor (R ²)	Success Factor (R ²)	Efficiency Factor (R ²)
Planning Effort index	.006**	.006**	.003*	.145***	.142***	.079***
Planning Budget index	.006*	.003	.009*	.083***	.074***	.060***

* p < .05

** p < .01

*** p < .001

From this table, we can see that with the moderator analysis complete, we have both a model with a better fit as well as higher statistical significance. This shows even more statistical significance for the full model including moderators. We can see from the table that the planning effort has a stronger relationship with success than does the planning budget. This is to be expected as budget includes material and equipment, which clouds the overall planning percentage since planning is almost completely a staff cost (Pinto & Prescott, 1988; Hamilton & Gibson, 1996). As well, the planning effort has a stronger link with overall success than with project efficiency. This may indicate that shortening planning cycles impact projects by reducing their final value to the company and stakeholders even though managers may still be able to deliver them on time and budget.

Robustness

The initial low R^2 value was a concern area in this research. Low R values with low p values can still be significant (Cooper & Schindler, 2008) though some question the importance of the relationship. A variety of investigations were undertaken to confirm the robustness of this result when the initial R^2 was lower than expected.

- Analysis of polynomials with higher powers - This did not yield solutions with better p or higher R.
- Linear analysis of subsets of the data from planning effort index of .01 to .24 - This did not produce a statistically significant result.
- Analysis using log of effort index - This did not produce a statistically significant result
- Regression of the hours spent planning rather than the index value- This did not yield solutions with better p or higher R.
- Alternative measurement specifications for project success were investigated and produced results comparable to the reported ones.

None of these attempts yielded results that had both an acceptable p value and higher R values.

As well, subsets of the data were examined in the analysis of some sub groups such as industries and regions. For those groups where there were adequate data for statistical significance, R^2 results were similarly low. They typically fall in the .005-.02 range. Subsets with p values in the .10 range, which are out of statistical range for this research, also showed similar low-R characteristics. This supports the validity of the research methodology. With the moderator impact removed, however, higher R^2 values became apparent.

Summary of Recommendations

As a whole projects may not be planning adequately. Planning is important to project success as numerous authors have previously written (Thomas et al., 2008; Morris, 1998; Besner & Hobbs, 2006; Zwikael, 2009; Johnson et al., 2001; Jones, 1986; Poston, 1985). It is clear from this research that the average project is not spending enough time on upfront planning to maximize success. This should not be surprising to researcher or practitioners; it appears that in industry not enough planning is being done and that if longer planning phases were the norm, there would be higher overall project success.

This could be a factor in the high project failure rates reported in the literature (Sessions, 2009; Standish Group, 2011). It is recommended that projects consider doing more planning upfront both for traditional projects and for agile projects. Projects that schedule more than 25% effort on the upfront planning phase should be reviewed for progress and risk factors.

The planning phase effort does not impact all aspects of success equally. The planning phase effort has the strongest relationship with overall project success. Reducing the effort spent on the planning phase may impact projects by reducing their final value to customers, stakeholders and the company. This may be the case even though managers may still be able to deliver them on time and within budget.

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